

Winter To Go Menu:



Breakfast:

Every Morning Options

Whole Fruit, Yogurt or Hard Boiled Egg, & Pastry

(Whole30) Scrambled Eggs, Sausage, Potatoes

Monday

French Toast Sandwich

Fried Egg, Gruyere, Applewood Smoked Bacon

Tuesday

Breakfast Taco

Chorizo Scrambled Eggs, Chihuahua, Side of Salsa

Wednesday

Butter Croissant

Fried Egg, Spinach, Red Peppers, Brie

Thursday

Breakfast Wrap

Egg White Scramble, Feta, Spinach

Friday

Avocado Toast

PQ Multigrain, Shaved Tomato, Arugula, Pine Nuts



Lunch:

Monday:

Shaved Turkey Breast Croissant

Procolone, Arugula, Tomato, Honey Dijon

Roasted Cauliflower (Whole30 Salad)

Wild Mushrooms, Scallions, Peppers, Snow Peas, Celery, Ginger-Cucumber Cashew Dressing

Tuesday

Blacken Chicken Breast

Lettuce, Tomato, Toasted Bun, Burger Sauce

Kabocha Squash (Whole30 Salad)

Charred Kale, Red Onions, Honey Crisp Apples, Broccoli, Cider Vinaigrette

Wednesday:

Vegetarian Burrito Wrap

Impossible Taco Meat, Black Beans, Peppers, Onions, Rice, Cheese, Sour Cream, Salsa

Lebanese Salata (Whole30 Salad)

Cucumbers, Tomatoes, Onions, Peppers, Romaine, Mint, Parsley, Serrano Chile, Lime Juice, Olive Oil

Thursday:

Pastrami on Rye

Whole Grain Mustard, Swiss, Lettuce, Tomato

Heirloom Beets (Whole30 Salad)

Green Beans, Tomatoes, HB Egg, Roasted Potatoes, Lemon Vinaigrette

Friday:

Roasted Veggie Quesadilla

Salsa, Sour Cream, Guacamole

Fried Brussels (Whole30 Salad)

Roasted Peppers, Baby Carrots, Dried Cranberries, Peppitas, Balsamic Vinaigrette

